

SANSKAR SRUJAN SHIVIR 2016-17

Time	Date	Date	Date	Date	Date
	4.5.2016	5.5.2016	6.5.2016	7.5.2016	8.5.2016
5.30am		Wake up	Wake up	Wake up	Wake up
6 to 6.45 am		Surya Namskar	Surya Namskar	Surya Namskar	Surya Namskar
6.45 to 7.30 am		Brahma Vidya	Brahma Vidya	Brahma Vidya	Brahma Vidya
7.30 to 8.30am		Bath & Breakfast	Bath & Breakfast	Bath & Breakfast	Bath & Breakfast
8.40 to 9 am		Uppasana	Uppasana	Uppasana	Uppasana
9 to 9.30am	Registration	Gita Pathan	Gita Pathan	Gita Pathan	Gita Pathan
9.30 to 10am	Registration	Ithihas Darshan	Ithihas Darshan	Ithihas Darshan	9.30 to 10.30 am Rangoli at Malgi
10 to 11 am	Inauguration of Shibir, Talk with parents	Physical tranning, Lazim & dance	Physical tranning, Lazim & dance	Physical tranning, Lazim & dance	10.30 to 12-Reharsal
11.15 to 1 pm	Talk-Nrityanjali	Talk-Nrityanjali	Solar Energy	Keshav Shrusthi visit	12. to 1- Talk by Mr.Rathi
1 to 2 pm	Lunch at Mess	Lunch at Mess	Lunch at Mess	Lunch at Mess	Lunch at Mess
2.30 to 4.45pm @ 45 min each	Adventure Sports	Adventure Sports	Craft & Rangoli	Craft & Rangoli	3.30 to 4.30-Parenting at swimming pool side 3.30 to 4.30-Final Reharsal
4.45 to 5 pm	Snacks	Snacks	Snacks	Snacks	Snacks
5 to 6.15 pm	Adventure Sports	Malkahm ,Lazim & Dance	Games & Malkham	Games & Malkham	5 to 6.30 Final demostration
6.30 to 7.15 pm	Hanuman Chalisa & Bhjaan	Hanuman Chalisa & Bhjaan	Hanuman Chalisa & Bhjaan	Hanuman Chalisa & Bhjaan	7 pm Dinner at Mess & Hostel Check out
7.15 to 8 pm	Brahma Vidya	Brahma Vidya	Brahma Vidya	Brahma Vidya	
8 to 9 pm	Dinner at Mess	Dinner at Mess	Dinner at Mess	Dinner at Mess	
9 to 10 pm	Story Telling & cultural activity	Story Telling & cultural activity	Story Telling & cultural activity	Story Telling & cultural activity	